

**Sandbach Striders 10km race 2009**

No.	Name	Club	Age	M/F	No.	Race time	Rank	Notes
68	Stuart Doyle	Vale Royal AC	38	M	68	00:33.56	1	1st Male
78	Rog Alsop	Herne Hill Harriers	44	M	78	00:34.10	2	2nd Male
39	Andrew Clews	Vale Royal AC	17	M	39	00:35.32	3	3rd Male
101	Neil Jones	South Cheshire Harrier	41	M	101	00:37.04	4	
113	Dan Clowes	Trentham Running Club	35	M	113	00:37.48	5	
80	Andy Quick	Manchester triathlon club	30	M	80	00:38.07	6	1st Sandbach Male
18	Colin Simpson	South Cheshire Harrier	41	M	18	00:38.15	7	
110	Pat Hudson	South Cheshire Harrier	30	M	110	00:38.27	8	
79	Jason Thomas	Trentham Running Club	39	M	79	00:38.39	9	
62	Andrew Mayers	South Cheshire Harrier	40	M	62	00:39.19	10	
98	James Simpson	South Cheshire Harrier	37	M	98	00:39.30	11	
17	Richard Cooper	N/A	44	M	17	00:39.54	12	
31	Neil Gunn	Macclesfield Harriers	51	M	31	00:40.14	13	
16	Charlie Mulliner	N/A	44	M	16	00:40.22	14	
95	Nick Barker	N/A	47	M	95	00:40.22	15	
77	Michael Isherwood	N/A	41	M	77	00:40.42	16	
99	Ivor Twiss	South Cheshire Harrier	53	M	99	00:41.10	17	
97	Kevan Hinett	N/A	45	M	97	00:41.22	18	
71	John Todd	Vale Royal AC	48	M	71	00:41.25	19	
104	Alison Hartupp	Macclesfield Harriers	43	F	104	00:41.27	20	1st Female
70	Gemma Barnett	Vale Royal AC	27	F	70	00:41.37	21	2nd Female
83	Melvyn Cole	South Cheshire Harrier	57	M	83	00:42.38	22	
105	Keith Large		37	M	105	00:42.48	23	
72	David Shearer	N/A	24	M	72	00:42.58	24	
26	Peter Stroynowski	N/A	43	M	26	00:43.00	25	
106	Alistair Baker	South Cheshire Harrier	34	M	106	00:43.14	26	
13	Philip Liston	N/A	29	M	13	00:43.19	27	
7	Matthew Hope	N/A	31	M	7	00:43.28	28	
93	Leigh Timmis	N/A	27	M	93	00:43.36	29	
92	Emma Timmis	N/A	25	F	92	00:43.45	30	3rd Female
116	Eugene Finn	N/A	50	M	116	00:43.45	31	
67	Craig Taylor	N/A	27	M	67	00:44.07	32	
48	Matthew Simister	N/A	37	M	48	00:44.14	33	
4	Philip Norris	N/A	31	M	4	00:44.38	34	
1	Brian Roberts	N/A	48	M	1	00:44.39	35	
119	Phillip Faulder	N/A	33	M	119	00:44.47	36	
9	Andrew Moore	N/A	27	M	9	00:45.09	37	
10	Barry Green	N/A	29	M	10	00:45.11	38	
8	Dave Bennett	N/A	32	M	8	00:45.20	39	
51	Ken Douglas	N/A	32	M	51	00:45.28	40	
40	Rob Mayers	South Cheshire Harrier	46	M	40	00:46.06	41	
34	Graham Langton	N/A	39	M	34	00:46.20	42	
111	Christopher Palmer		46	M	111	00:46.24	43	
123	Nicholas Flayford	Congleton harrier	28	M	123	00:47.00	44	
63	Alison Fenoglio	N/A	48	F	63	00:47.25	45	1st Sandbach Female
94	Derek Dale	Congleton harrier	65	M	94	00:47.32	46	
45	Janice Moffett	dewsbury road runners	54	F	45	00:47.37	47	
109	Pam Davies	stone masters marathone	57	F	109	00:47.44	48	
96	Richard Shaw	stone masters marathone	59	M	96	00:47.49	49	
112	Stephen Whincup	South Cheshire Harrier	49	M	112	00:47.57	50	
19	Philip Cooper	South Cheshire Harrier	59	M	19	00:48.14	51	
103	Julien Stachhini	N/A	38	M	103	00:48.16	52	
64	Rick Kelso Davies	N/A	35	M	64	00:48.40	53	
25	Chris Holme	N/A	36	M	25	00:48.45	54	
47	Gary Wane	N/A	30	M	47	00:48.50	55	
52	John Gordon	staffordshire moorlands	42	M	52	00:48.52	56	
30	Katharine Coton	N/A	33	F	30	00:48.55	57	
23	Keith Dale	N/A	36	M	23	00:49.01	58	
120	Mark Hough	South Cheshire Harrier	41	M	120	00:49.01	59	
60	Andy Bannaghan	N/A	37	M	60	00:49.19	60	
121	Leon Simpson	N/A	16	M	121	00:49.20	61	
37	Colin Earp	South Cheshire Harrier	62	M	37	00:49.22	62	
41	Phil Kidman	N/A	52	M	41	00:49.28	63	
38	David Gaston	N/A	51	M	38	00:49.42	64	
107	Nicholas Hackett	N/A	30	M	107	00:49.49	65	
50	Anna Burns	mid cheshire tri club	27	F	50	00:49.58	66	
122	Ian Hamilton Fey	Congleton harrier	40	M	122	00:50.13	67	
29	Simon Coton	N/A	35	M	29	00:50.15	68	
57	Pat Kennerley	N/A	40	F	57	00:51.03	69	

82	Susan Allcock	South Cheshire Harrier	42	F	82	00:51.18	70	
35	Tom Wash	N/A	62	M	35	00:51.20	71	
65	David Head	N/A	31	M	65	00:51.24	72	
114	Louise Powney	N/A	29	F	114	00:51.38	73	
75	Oliver Melton	N/A	28	M	75	00:51.42	74	
108	James Freeborough	N/A	24	M	108	00:51.47	75	
32	Alision Gunn	Macclesfield Harriers	47	F	32	00:51.50	76	
91	Michael Green		47	M	91	00:51.54	77	
90	David Proctor	N/A	43	M	90	00:52.01	78	
59	Dianne Lapworth	Mow Cop Runners	58	F	59	00:52.08	79	
21	Christiane Bunte	N/A	44	F	21	00:52.19	80	
5	Steve Farnell	N/A	34	M	5	00:52.37	81	
43	Jeremy Vernon	N/A	33	M	43	00:52.56	82	
81	Becky Baldwin		31	F	81	00:53.15	83	
53	David Mulliner	N/A	46	M	53	00:53.52	84	
49	Philip Townend	N/A	48	M	49	00:54.05	85	
46	Sharon Morris	potters trotters	36	F	46	00:54.20	86	
74	Samantha Flatters	N/A	44	F	74	00:54.28	87	
54	Geoff Pike	N/A	50	M	54	00:54.54	88	Numbers!
55	Karen Mullaney	N/A	38	F	55	00:55.12	89	
28	Lance Ball	Wrecsam Tri	40	M	28	00:55.34	90	
87	Beverley Stacchini	N/A	39	F	87	00:55.37	91	
24	Joanne Darlington	N/A	40	F	24	00:55.39	92	
124	Lance Thackray		54	M	124	00:56.12	93	
33	Sarah Gidlow	n/a	33	F	33	00:56.15	94	
14	Sonia Pritchard	N/A	32	F	14	00:56.16	95	
76	Sam Jackson	N/A	35	F	76	00:56.21	96	
22	Angela Dale	N/A	28	F	22	00:56.41	97	
85	Rachel Spearing	Macclesfield Harriers	45	F	85	00:56.42	98	
27	Stephen Huntbach	N/A	39	M	27	00:56.47	99	
42	Heather Hulse	South Cheshire Harrier	30	F	42	00:56.54	100	
84	Carolyn Earley	RSCAR	51	F	84	00:57.15	101	
2	Charm Parker	South Cheshire Harrier	41	F	2	00:57.41	102	
56	Jo Boyle	N/A	37	F	56	00:58.31	103	
86	Fiona Bogues	Macclesfield Harriers	45	F	86	00:58.56	104	
73	Alex Simpson	N/A	72	M	73	00:59.52	105	
115	Wynne Thomas		47	M	115	01:00.45	106	
100	Lesley Oldfield	South Cheshire Harrier	53	F	100	01:04.22	107	
102	Janette Rogers	South Cheshire Harrier	47	F	102	01:04.22	108	
69	Martin Stirna	South Cheshire Harrier	56	M	69	01:04.23	109	
125	Maurice Newton		39	M	125	01:04.26	110	
117	Vinca Simpson		26	F	117	01:07.36	111	
118	Lee Power	N/A	28	M	118	01:07.37	112	
66	John Shapter	N/A	54	M	66	01:08.59	113	
61	Kathy Ling	Wrekin road runners		F	61	01:21.03	114	
3	Allan Leah	N/A	53	M	3			No show
6	Ian Jones	N/A	38	M	6			No show
11	Kirk Ryan	N/A	23	M	11			No show
12	Ben Mullane	N/A	28	M	12			No show
15	Michael Tobin	South Cheshire Harrier	50	M	15			No show
20	Lorna Fewtrell	South Cheshire Harrier	45	F	20			No show
36	Janet Wash	N/A	62	F	36			No show
44	Darren Bennett	michelin a.c	43	M	44			No show
58	Ben Flannery	N/A	29	M	58			No show
88	Justin Bonder				88			No show
89					89			No show
<b>TOTALS</b>								